

Sausage Roll Filling Recipe

Ingredients

200g organic oats
200g walnuts
1 large onion
2 cloves minced garlic
1 large carrot grated
4 tbsp nutritional yeast
4 tsp dried oregano
2 tsp ground cumin (optional)
400g tofu crumbled
100g rice crumbs/bread crumbs
2 tsp smoked paprika
½ tsp chilli flakes
Salt and pepper to taste
A big squeeze of lemon juice.

Method

1. Dice the onion very fine. Add the walnuts, oats and grated carrot to a food processor and process until resembles breadcrumbs. Place in a mixing bowl.
2. Add the rest of the ingredients in the food processor and process until resembles fine breadcrumbs. Mix with the oat, walnut mix. If it's a little dry add a couple of splashes of water. Taste and season as you see fit.



veet's
Vegan

COOKING SCHOOL

Veet's Vegan Cooking School | www.veets.com.au | © Copyright